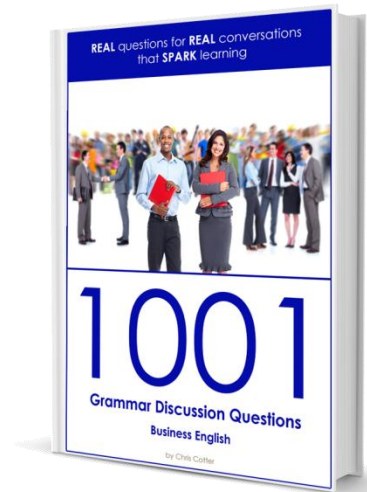
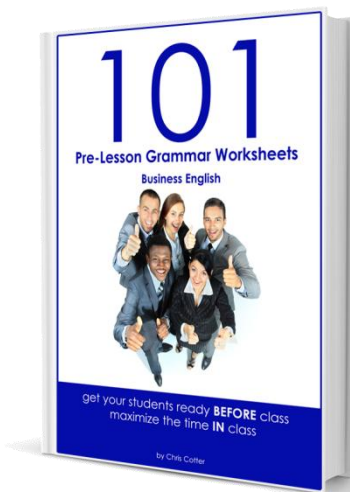
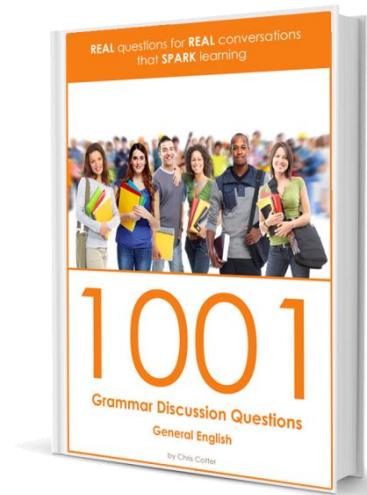
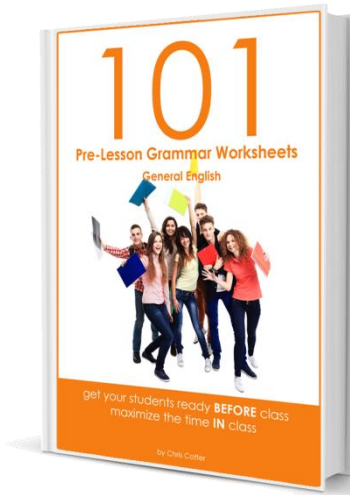
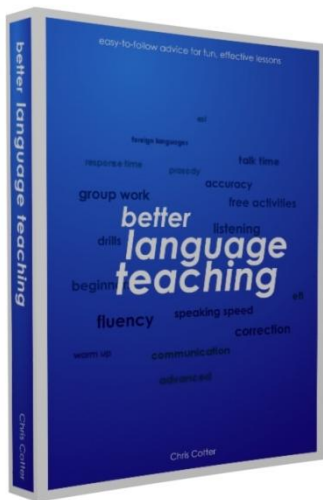


HEADS UP ENGLISH's store

find solutions.
reach goals.
engage your students.

awesome resources ready for immediate download!



Become a Better Language Teacher

..... Join the Newsletter for Ideas, Answers, and Help!

30 DAY 30 Day Money Back Guarantee

Secure Checkout



the ARTICLE (for teachers)

The Shorter Lives of Men Explained

Women live longer than men. It's true in most countries, and has been a known fact since the 18th century. Studies to discover the possible reasons have been done, and there are many possible explanations. Some reasons include work habits, stress, diet, and bad genes. But a new idea suggests something different. Men have shorter life spans because attracting a partner takes a lot of energy, which reduces the number of years a man lives.

Daniel Kruger at the University of Michigan suggests that many animals advertise their suitability to females. For example, some animals butt heads. Other animals have beautiful feathers. Human males compete for money, property, and social status. If a man has money and social status, they show their ability to provide food, clothes, education, and so on for a future family.

But what about men with less money or power?

Another study explained that young, single men often take risks. They are also more aggressive and hold back their emotions. These actions have the same effect as money and social status.

Both studies conclude that women carefully select a partner, because of the survival and success of their children. All of the energy which is used to impress women means shorter life spans for men.

Teacher's Notes:

* Underlined words in red typeface may be vocabulary unfamiliar to the students.

the Article (for students)

The Shorter Lives of Men Explained

Women live longer than men. It's true in most countries, and has been a known fact since the 18th century. Studies to discover the possible reasons have been done, and there are many possible explanations. Some reasons include work habits, stress, diet, and bad genes. But a new idea suggests something different. Men have shorter life spans because attracting a partner takes a lot of energy, which reduces the number of years a man lives.

Daniel Kruger at the University of Michigan suggests that many animals advertise their suitability to females. For example, some animals butt heads. Other animals have beautiful feathers. Human males compete for money, property, and social status. If a man has money and social status, they show their ability to provide food, clothes, education, and so on for a future family.

But what about men with less money or power?

Another study explained that young, single men often take risks. They are also more aggressive and hold back their emotions. These actions have the same effect as money and social status.

Both studies conclude that women carefully select a partner, because of the survival and success of their children. All of the energy which is used to impress women means shorter life spans for men.

Notes:

The Shorter Lives of Men Explained

Lower-Intermediate - Speaking

STEP ONE

Brainstorm: Brainstorm with a partner words and ideas for "life span" for two minutes. Next, talk about the words and ideas for five minutes.

STEP TWO

Discuss: Do you agree or disagree? Why?

- | | |
|----|---|
| a. | Women live longer than men because they have easier lives. |
| b. | Men don't live as long as women mainly because of stress. |
| c. | Single men are aggressive towards other men when in a new relationship. |
| d. | When finding a partner, money and social status is important. |
| e. | Most women think that older, successful men are desirable. |

STEP THREE

The Article: Read the article and work with a partner to understand it. Then summarize the article in your own words.

STEP FOUR

Discuss: Talk about the following questions in pairs/groups. Remember to support your answers and ask more questions with your partner.

- | | |
|----|--|
| a. | Did you like this article? Why/not? |
| b. | Were you surprised by the article's findings? Why/not? |
| c. | The lifespan of women has been decreasing recently. Why do you think so? |
| d. | Is it possible to limit the risks young men take? Why do / don't you think so? |
| e. | Why do you think young men take so many risks? |

STEP FIVE

Discuss: A new drug will hit the stores soon. It limits male aggressiveness, and is especially recommended for teens and twenty-somethings. List the positives and negatives.

positives:

negatives: